

CONFIDENCE – THE ULTIMATE BUSINESS TOOL

“Whether you think you can or think you can’t – you’re right” (Henry Ford)

Duration: Half Day (including breaks)

Participants: 15-20 max

Course Context

The confidence levels of employees can have a profound impact on the success of a business. Confident employees give clients and potential clients confidence in their ability. Confident managers breathe confidence into their teams inspiring them to reach ever greater heights. Confident leaders give the businesses they represent an air of authority, credibility and professionalism. Confidence breeds confidence.

Course Overview

Confidence – The Ultimate Business Tool is a highly experiential half-day workshop which will provide you with a complete confidence tool-kit. After just half a day you will have all the tools you need to access total inner confidence whenever you need it.

Course Benefits

By the end of Confidence – The Ultimate Business Tool, you will be able to:-

- Recognise ways in which you inhibit your confidence and ways in which you enhance it
- Use your own physiology to lead you to a confident state
- See why your imagination is both your worst enemy and your most potent ally
- Utilise two outstanding NLP tools for creating immediate inner confidence
- Silence your ‘inner critic’ and make him/her your biggest advocate
- Walk into any business situation or presentation feeling full of confidence

Additional Information

Confidence – The Ultimate Business Tool is also available as a full-day workshop. This enables participants to spend more time exploring the various tools available to them, personally experiencing the impact they have and hence building total confidence in their efficacy.